



# French Alpine Club FEDERATION - Toulouse \* YOUTH COMMISSION









## INTERNATIONAL YOUTH ICE CLIMBING CAMP Guillestre, Hautes Alpes (05), France 24 February – 2 march 2019

The main goal of this youth ice climbing camp is to learn practicing many forms of ice climbing, one pitch, or routes with many pitches.

Date: 24 February - 2 march 2019.

<u>Place:</u> In Guillestre, near Briançon in south alp of france (region Rhones Alpes, departement 05, "Hautes Alpes)
This is the same location of the international Ice Climbing event of L'argentière la bessée.

All the ice climbing sites are described o this internet site: <a href="http://www.ice-fall.com/">http://www.ice-fall.com/</a>

We will be in the Youth gite, called "Auberge des 4 vents"

Association Entre Guil et Mets, Adeline +334 92 50 54 11 / +337 85 34 63 79

Mail: entrequiletmets@hotmail.com

Rooms for 4 people, breakfast and dinner are provided by the gite and are included in price.

Staff / leaders: all the staff are qualified to supervise this event; instructors in Alpinism.

**Participants**: Young people from 16 to 26 years old. Participants should lead climb at a minimum of 5b French grade, and should be autonomous for managing belay. We will be offering places to maximum of 4 participants per country Federation.

Participants younger than 18 years old must be accompanied by an adult Climber/coach, who is able to look after them during this meet.

**Equipment**: climbing harness, winter alpinism shoes with ice crampons, climbing helmet, belay device and 05 quick draws (UIAA standard/CEN), 2 ice axes (could be rented by staff), one avalanche detector device (could be rented from staff), 05 ice screws, sun glasses & cream, sleeping bag, head torch, winter climbing clothing and toiletry kit, water bottle, any personal medication.

**Insurance**: Participants should be insured for accident, rescue, third party liability and travel which is valid for participating in the programme of climbing and trekking. A copy of each insurance should be presented to the organisers on arrival.

Club Alpin Français de TOULOUSE , 3 rue de l'Orient - 31000 TOULOUSE France . 2: 05-61-63-74-42 / Fax : 05-61-63-96-60 / clubalpintoulouse@wanadoo.fr / http://clubalpintoulouse.fr/ Agrément Tourisme AG 0.75 95 0054D // Agr J.S.31 AS 848

Contact: Christian BIARD christian.biard@orange.fr/ +33 682 33 86 63



**Entry visas**: If your representatives need to obtain entry visa, please confirm their names and passport numbers to the contact emails as soon as possible as Visa processing is a very lengthy process.

**Price: 250 EUR per participant**, payable on arrival to the organiser. Accommodation, full board, leading and organisational costs included *(except picnic of midday)*.

#### Registration deadline: 31 of January 2019.

Please note that even if demands of registration are before this dead line, it is not a guaranty of participation; .camp could be full before this dead line..

### **Meeting point:**

- Gite (there is a train between Briançon and Gap, with a stop at Montdauphin and then a shuttle to Guillestre.
- Or Blagnac Airport (Toulouse) on Saturday, February the 23 (then travelling the 24 th in minibus whith French young participants from Toulouse).

#### \*Transport:

for Additional information and registration contact: <a href="mailto:christian.biard@orange.fr">christian.biard@orange.fr</a>
Member of the National Commissions of Youth and Mountaineering of FFCAM
Member of the Pyrenees Regional Committee
Head of Mountaineering and Youth sections at CAF-Toulouse

**About UIAA Global Youth Summit events**: These events are a great opportunity to meet a varied group of young climbers from home and abroad, and make new friends, as well as exchange climbing techniques.

### Schedule / activities:

The main goal of this youth climbing camp is to practice many forms of ice climbing, one single pitch, or routes with many pitches; all the ice climbing sites are described on this link: <a href="http://www.ice-fall.com/">http://www.ice-fall.com/</a>

There is also during the camp a training with a guide for future Ice Instructors FFCAM; during this training camp, we will explain:

- the use of different sort of equipment (ice screw, crampons, ice axe,
- the way to climb on ice safely and to make a safe belay
- to see the ice and its quality,
- a first approch how to climb in "dry tooling"

and also how to manage a school Ice training for inexperienced climbers.

- Some pictures of different events / camps on

| 2018 | https://photos.app.goo.gl/wfxcECOmeFHLH8Bi2 |
|------|---|
| 2017 | https://goo.gl/photos/PYwc9rgKVvQhD9gH7     |
| 2016 | https://goo.gl/photos/6TVTtQfshAJqnsb5A     |
| 2015 | https://goo.gl/photos/RYefFhTLxKdGpEsH6     |
| 2014 | https://goo.gl/photos/mue9fSnLkrvT4iU59     |
| 2013 | https://goo.gl/photos/kkF7vm3jat1eAxs68     |
| 2012 | https://goo.gl/photos/gnFBD2tSnMYgmFgJ8     |

### Sunday, end of afternoon, 24 February of 2019:

- Arrival about 18 PM of the participants coming from toulouse at the gite
- Catching in Montdauphin station the foreigners participants..
- Installation in rooms
- Provisioning by staff of missing materials.

**Other days:** 07:00, breakfast, then splitting in different groups according climber's current level of ice climbing on different sites.

Last day, Saturday, the 02 march of 2019, about 1 PM: end of the camp (come back to Toulouse about 08 PM for people from Toulouse).

Contact: Christian BIARD christian.biard@orange.fr/ +33 682 33 86 63

### **REGISTRATION FORM**

### International ice climbing in Guillestre, Hautes Alpes (05), France 18 February - 2 March 2019.

| FEDERATION:   |               |                    |                  |       |               |          | _         |  |
|---|---------------|--------------------|------------------|-------|---------------|----------|-----------|--|
| ADDRESS:  |               |                    |                  |       |               |          | _         |  |
| PHONE:  |               | FAX:               |                  |       |               |          |           |  |
| E-MAIL:   |               |                    |                  |       |               |          |           |  |
| PARTICIPANT:  |               |                    |                  |       |               |          |           |  |
| Name and Family Name  |               |                    |                  |       |               | Sex      |           |  |
| Date of Birth   |               |                    | Email            |       |               | <b>'</b> |           |  |
| Address   |               |                    |                  |       |               |          |           |  |
| Telephone   |               |                    | Fax              |       |               |          |           |  |
| Mobile telephone  |               |                    |                  |       |               |          |           |  |
| Emergency home contact number                                 |               |                    |                  |       |               |          |           |  |
| Passport number   |               | Period of validity |                  |       |               |          |           |  |
| Date of issuing and city                                      |               |                    |                  |       |               |          |           |  |
| Please indicate your langua                                   | ige preferenc | es.                |                  |       |               |          |           |  |
| Spoken languages  | 1.            |                    |                  | 2.    |               |          |           |  |
| Special diets: □ vegetarian                                   | □ Eat varie   | ty □ a             | llergies         | and   | intolerances  | s □ spe  | cial diet |  |
| Details:  |               |                    |                  |       |               |          |           |  |
| Do you have any Special m                                     | edical needs  | or alle            | rgies th         | at we | should be     | aware o  | f?        |  |
| Name and telephone numbers of                                 |               |                    |                  |       |               |          |           |  |
| a person we can contact in the                                |               |                    |                  |       |               |          |           |  |
| event of an emergency   |               |                    |                  |       |               |          |           |  |
| Participant climbing experience, level and skills:            |               |                    |                  |       |               |          |           |  |
| I can tie in /Yes/No/ =                                       |               |                    |                  |       |               |          |           |  |
| * I can top rope belay safely /Yes/No/ = using (belay device) |               |                    |                  |       |               |          |           |  |
| * I can lead belay safely /Yes/No/                            |               |                    | ith a (belay dev |       |               | evice)   |           |  |
| My current onsight level is:                                  |               | Му с               | ırrent r         | edpoi | nt level is:_ |          | -         |  |

If you have more participants, please use another copy of this form.

| FFCAM / Alpine Club of Toulouse |
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**UIAA YOUTH COMMISION** 

| Place, date and time of arrival and transport, which you plan to use :  |  |  |  |  |
|---|--|--|--|--|
| Questions:  |  |  |  |  |
| Signed Participant :(Parents or participant if over 18)   |  |  |  |  |
| Date:   |  |  |  |  |
| Name, surname, telephone, fax and e- mail of the person to contact:   |  |  |  |  |
| ***Insurance: Participants should have a collective or individual insurance policy, which guarantees covering the expenses of all rescue operations if an accident happens to them in France. In addition third party liability, accident and travel insurance should be acquired. Please oring a copy of your insurance with you.  |  |  |  |  |
| Name of the insurance company:  |  |  |  |  |
| Policy number:  |  |  |  |  |
| Others notes:   |  |  |  |  |
| Participants applying for a UIAA Global Youth Summit event also acknowledge and accept that: - Safety is a primary concern at UIAA Global Youth Summit Events, but as with all the forms of climbing/mountaineering there is a danger of personal injury or death. The participant must strictly follow the rules given by the leaders Participants at UIAA Global Youth Summit events, and their parents if younger than 18, accept the risks of participation and are responsible for their own actions, which should take account of relevant circumstances such as changing weather conditions To take part it is necessary to be medically fit to do the activity and have valid liability and accident insurance which is valid in the country of the event and which covers rescue and repatriation. Please bring a copy of your insurance with you to show the organizers |  |  |  |  |
| The alcohol consumption by the young people is forbidden during the camp.   |  |  |  |  |
| The candidate participation must be approved and confirmed by his country Mountain Federation with the Federation's stamp and Federation's President Signature (or authorized representative signature)   |  |  |  |  |
| Stamp Signature   |  |  |  |  |

Please send by mail (christian.biard@orange.fr) this registration form through before 31 january 2019.

Club Alpin Français de TOULOUSE , 3 rue de l'Orient - 31000 TOULOUSE France .☎: 05-61-63-74-42

### Location of the site of the camp

<u>Meeting point:</u> Gite: there is a train between Briançon and Gap, with a stop at Montdauphin and then a shuttle to the gite "Auberge les 4 vents".



